



How Does Vascepa Work? Potential Mechanisms of Action for Vascepa

NASDAQ: AMRN

Pure EPA
Vascepa[®]
(icosapent ethyl)

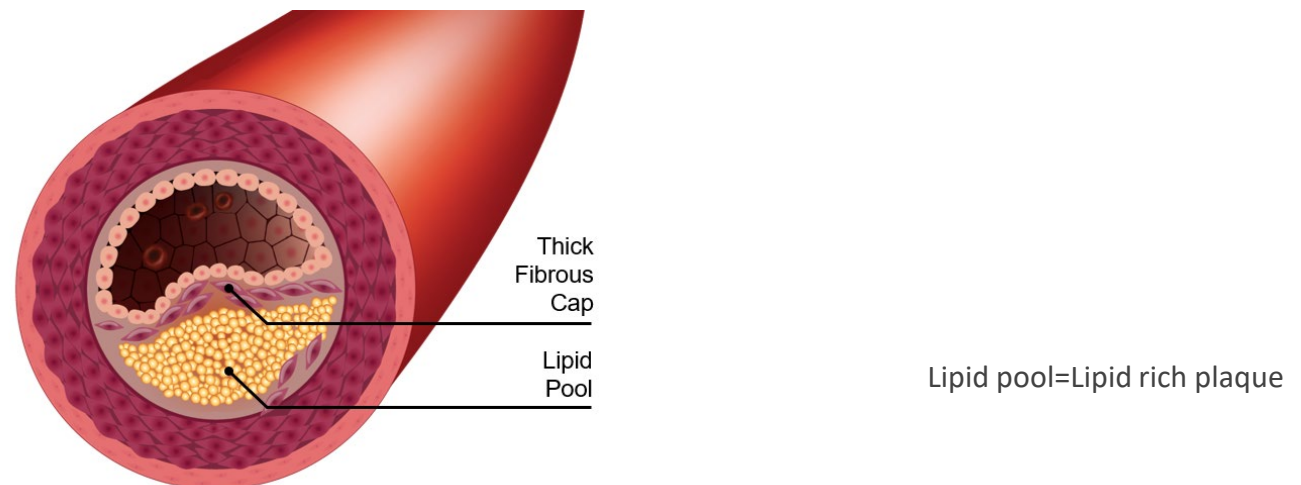


- Studies designed to help understand how a drug may have demonstrated an effect shown in clinical research, so called mechanism of action studies, can lead to more informed understanding of disease and more discoveries to improve public health.
- Mechanism of action studies have different degrees of reliability and often involve evolving methods and analyses that can be difficult to independently verify.
- Due to the complexity of cardiovascular disease, mechanism of action studies and theories on the biological plausibility of mechanistic effects on the reduction of cardiovascular risk have not been reliably predictive of clinical effects (e.g., the generally recognized failure of HDL-raising drugs).
- The degree to which, if any, the mechanistic effects featured herein may have contributed to the risk reduction effects of Vascepa demonstrated in the REDUCE-IT™ cardiovascular outcomes study is not fully understood and may, in certain cases, require additional research.

Plaque reduction, regression and stabilization as contributing mechanisms of action (MoA) of Vascepa

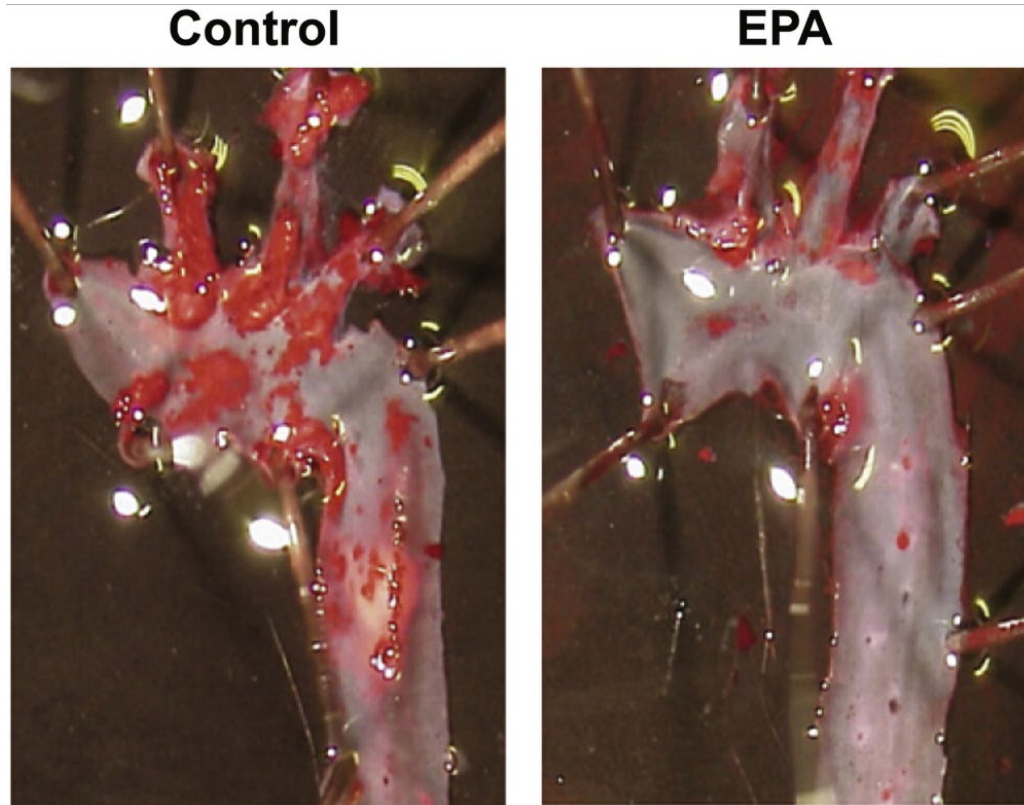
- Coronary heart disease is caused by the buildup of coronary plaque ¹
- Atherosclerosis (coronary plaque in arteries) reduces blood flow, contributing to cardiovascular (CV) events ²
- Regression: EPA therapy added to high dose statin therapy doubled the incidence of coronary plaque regression compared to statin therapy alone in the Japanese clinical study, CHERRY ³
- Stabilization: EPA increased fibrous cap thickness in Japanese patients with a recent coronary event, reducing the likelihood that plaque will dislodge and travel down the blood stream, block blood flow, and cause a cardiovascular event ⁴

Stable Plaque



The effects of EPA in conjunction with statins on atherosclerotic plaques have also been evaluated in animal models ⁵

Benefits shown in mice include a decrease in coronary plaque lesions ⁵

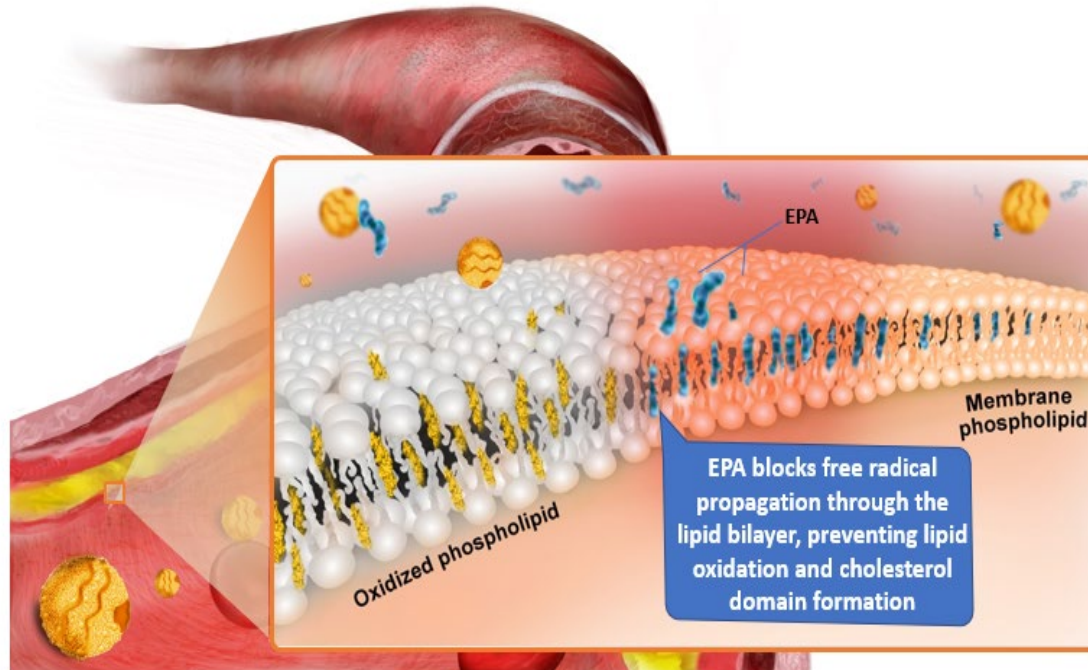


Reprinted from *Atherosclerosis* 197(2), Matsumoto M, et al. Orally administered eicosapentaenoic acid reduces and stabilizes atherosclerotic lesions in ApoE-deficient mice. Copyright 2008, with permission from Elsevier.

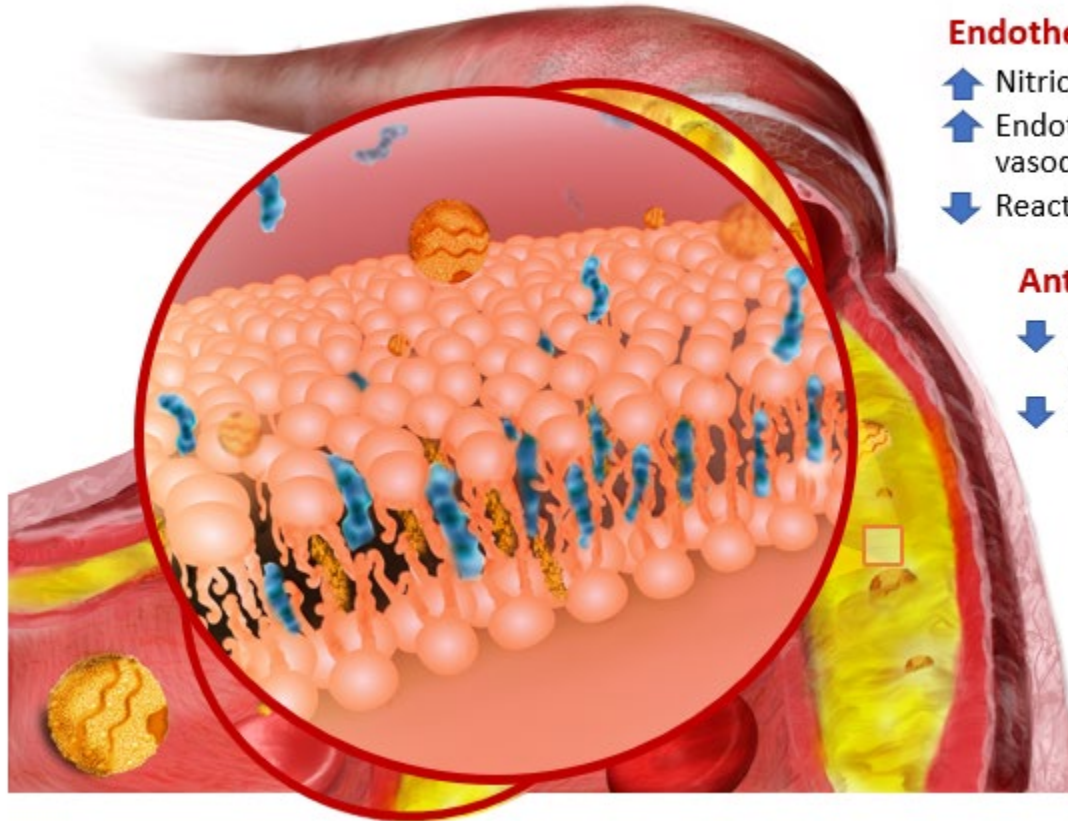
Inflammation and oxidative stress

- Inflammation and oxidative stress can contribute to cardiovascular disease ⁶
- Clinical Data: Vascepa has anti-inflammatory effects, both systemic as well as localized. ⁷ This includes significant reduction of inflammation and oxidation biomarkers such as hsCRP, Lp-PLA2, and oxLDL ⁸⁻¹²
- Preclinical Data: Oxidative stress leads to cholesterol domain formation ¹³

EPA Inhibits Lipid Oxidation and Cholesterol Domain Formation ¹³



EPA May Have Beneficial Effects on Multiple Atherosclerotic Processes ¹⁴⁻¹⁶



Endothelial function

- ↑ Nitric oxide production
- ↑ Endothelium-dependent vasodilation
- ↓ Reactive oxygen species

Anti-inflammatory effects

- ↓ Proinflammatory eicosanoids and cytokines
- ↓ Inflammatory cell recruitment

Plaque stability

- ↓ Plaque formation, progression, and rupture
- ↓ Thrombosis
- ↓ Platelet activation
- ↑ Fibrous cap thickness

The extent to which these so-called pleiotropic effects of EPA (eicosapentaenoic acid in stable and pure form) may have contributed to the success of Vascepa in the REDUCE-IT study ^{17, 18} relative to other effects of EPA (e.g. transcriptional gene regulation, membrane stabilization) is under evaluation

Cellular transcriptional and membrane stabilizing effects

- EPA regulates genes involved in lipid metabolism and plaque stabilization ¹⁹
- EPA alters membrane function and stabilization ²⁰

High triglyceride levels and an atherogenic lipid profile

- Vascepa, in multiple clinical studies (MARINE, ANCHOR and REDUCE-IT), has demonstrated that it lowers triglyceride (TG) levels (a type of blood fat) and improves various other markers of lipids and lipoproteins ^{7, 17, 21}
- Multiple epidemiological, genetic and clinical studies link elevated TG levels to increased cardiovascular (CV) risk <https://amarincorp.gcs-web.com/static-files/28493518-0506-43f9-91e2-a88ab47e271b>
- However, lowering TG levels alone does not fully explain the CV risk reduction demonstrated by Vascepa
 - Studies of other agents that lower TG levels (Niacin, Fibrates) did not demonstrate cardiovascular risk reduction ^{22, 23}
 - In REDUCE-IT, Vascepa reduced CV risk rates more than it lowered TG levels (relative risk reduction of 25% in first occurrence of MACE and 30% reduction in first and recurrent MACE, with TG lowering of 20% vs. placebo) ^{17, 18}
 - JELIS (large outcomes study in Japan that used eicosapentaenoic acid, EPA, the active ingredient in Vascepa) demonstrated a 19% risk reduction in patients with essentially normal TG levels and only 5% lower TG, suggesting the effects of EPA go beyond TG lowering ²⁴

Amarin has invested in extensive research regarding Vascepa's mechanism of action (MoA)

- This document includes dozens of publication references regarding EPA's MoA; many funded by Amarin
- These references highlight Amarin's commitment to researching the science of Vascepa

Complete understanding of Vascepa's MoA is not required for FDA approval

- Many drugs are approved for use and broadly used without MoA's being fully understood

Examples include:

- Statins ²⁵
- Acetaminophen (active ingredient in Tylenol®) ²⁶
- Aspirin ²⁷
- Calcium Channel Blockers ²⁸
- General anesthesia ²⁹
- Lithium ²⁶
- Modafinil ²⁶

Evidence of drug efficacy and safety from a well-controlled, well-conducted clinical development program is the most important element of a supplemental new drug application (sNDA)

- 1) CDC. https://www.cdc.gov/heartdisease/coronary_ad.htm
- 2) Atherosclerosis. National Heart, Lung, and Blood Institute. <https://www.nhlbi.nih.gov/health-topics/atherosclerosis>
- 3) T. Watanabe, K. Ando, H. Daidoji, et al., CHERRY study investigators. A randomized controlled trial of eicosapentaenoic acid in patients with coronary heart disease on statins. *Journal of Cardiology*. 2017;70:537-544. [http://www.journal-of-cardiology.com/article/S0914-5087\(17\)30200-9/fulltext](http://www.journal-of-cardiology.com/article/S0914-5087(17)30200-9/fulltext)
- 4) Yamano T, Kubo T, Shiono Y, Shimamura K, Orii M, Tanimoto T, Matsuo Y, Ino Y, Kitabata H, Yamaguchi T, Hirata K, Tanaka A, Imanishi T, Akasaka T. Impact of eicosapentaenoic acid treatment on the fibrous cap thickness in patients with coronary atherosclerotic plaque: an optical coherence tomography study. *J Atheroscler Thromb*. 2015;22(1):52-61. https://www.jstage.jst.go.jp/article/jat/22/1/22_25593/pdf-char/en
- 5) Nelson JR, Wani O, May HT, Budoff M. Potential benefits of eicosapentaenoic acid on atherosclerotic plaques. *Vascul Pharmacol*. 2017 Apr;91:1-9. <https://reader.elsevier.com/reader/sd/pii/S1537189116303147?token=867B5D25950A0DFE3D43CD7E7183204AF35967D8ADB8AB3406211894F26F3508444ECCEB2558895C1BDBADB2E308D3F4>
- 6) Kattoor AJ, Pothineni NVK, Palagiri D, Mehta JL. Oxidative Stress in Atherosclerosis. *Curr Atheroscler Rep*. 2017 Sep 18;19(11):42. <https://link.springer.com/article/10.1007%2Fs11883-017-0678-6>
- 7) Bays HE, Ballantyne CM, Braeckman RA, Stirtan WG, Soni PN. Icosapent ethyl, a pure ethyl ester of eicosapentaenoic acid: effects on circulating markers of inflammation from the MARINE and ANCHOR studies. *Am J Cardiovasc Drugs*. 2013 Feb;13(1):37-46. <https://link.springer.com/content/pdf/10.1007%2Fs40256-012-0002-3.pdf>
- 8) Ballantyne CM, Bays HE, Kastelein JJ, Stein E, Isaacsohn JL, Braeckman RA, Soni PN. Efficacy and safety of eicosapentaenoic acid ethyl ester (AMR101) therapy in statin-treated patients with persistent high triglycerides (from the ANCHOR study). *Am J Cardiol*. 2012;110:984-992. [https://www.ajconline.org/article/S0002-9149\(12\)01432-4/pdf](https://www.ajconline.org/article/S0002-9149(12)01432-4/pdf)
- 9) Sherratt SCR, Mason RP. Eicosapentaenoic acid inhibits oxidation of high density lipoprotein particles in a manner distinct from docosahexaenoic acid. *Biochem Biophys Res Commun*. 2018 Feb 5;496(2):335-338. <https://reader.elsevier.com/reader/sd/pii/S0006291X18300688?token=210B01C215B5A69AB778C8FD4BA22F39A5BA2C8ED79F0DC9F6C490E76B95B91991F19A136D454186F973DB1BA23A3935>
- 10) Yamada H, Yoshida M, Nakano Y, Suganami T, Satoh N, Mita T, Azuma K, Itoh M, Yamamoto Y, Kamei Y, Horie M, Watada H, Ogawa Y. In vivo and in vitro inhibition of monocyte adhesion to endothelial cells and endothelial adhesion molecules by eicosapentaenoic acid. *Arterioscler Thromb Vasc Biol*. 2008 Dec;28(12):2173-9. <https://www.ahajournals.org/doi/pdf/10.1161/ATVBAHA.108.171736>
- 11) Nakajima K, Yamashita T, Kita T, Takeda M, Sasaki N, Kasahara K, Shinohara M, Rikitake Y, Ishida T, Yokoyama M, Hirata K. Orally administered eicosapentaenoic acid induces rapid regression of atherosclerosis via modulating the phenotype of dendritic cells in LDL receptor-deficient mice. *Arterioscler Thromb Vasc Biol*. 2011 Sep;31(9):1963-72. <https://www.ahajournals.org/doi/pdf/10.1161/ATVBAHA.111.229443>
- 12) Takamura M, Kurokawa K, Ootsuji H, Inoue O, Okada H, Nomura A, Kaneko S, Usui S. Long-Term Administration of Eicosapentaenoic Acid Improves Post-Myocardial Infarction Cardiac Remodeling in Mice by Regulating Macrophage Polarization. *J Am Heart Assoc*. 2017 Feb 21;6(2):e004560. <https://www.ahajournals.org/doi/pdf/10.1161/JAHA.116.004560>
- 13) Mason RP, Jacob RF. Eicosapentaenoic acid inhibits glucose-induced membrane cholesterol crystalline domain formation through a potent antioxidant mechanism. *Biochim Biophys Acta*. 2015 Feb;1848(2):502-9. <https://www.sciencedirect.com/science/article/pii/S0005273614003514>.

- 14) Preston Mason R. New Insights into Mechanisms of Action for Omega-3 Fatty Acids in Atherothrombotic Cardiovascular Disease. *Curr Atheroscler Rep*. 2019 Jan 12;21(1):2. <https://link.springer.com/content/pdf/10.1007%2Fs11883-019-0762-1.pdf>
- 15) Ganda OP, Bhatt DL, Mason RP, Miller M, Boden WE. Unmet need for adjunctive dyslipidemia therapy in hypertriglyceridemia management. *J Am Coll Cardiol* 2018;72:330-43 <https://www.sciencedirect.com/science/article/pii/S0735109718348174?via%3Dihub>
- 16) Borow KM, Nelson JR, Mason RP. Biologic plausibility, cellular effects, and molecular mechanisms of eicosapentaenoic acid (EPA) in atherosclerosis. *Atherosclerosis*. 2015 Sep;242(1):357-66. [https://www.atherosclerosis-journal.com/article/S0021-9150\(15\)30055-1/pdf](https://www.atherosclerosis-journal.com/article/S0021-9150(15)30055-1/pdf)
- 17) Bhatt DL, Steg PG, Miller M, Brinton EA, Jacobson TA, Ketchum SB, Doyle RT, Juliano RA, Jioa L, Granowitz C, Tardif J, Ballantyne CM. Cardiovascular Risk Reduction with Icosapent Ethyl for Hypertriglyceridemia. *N Engl J Med* 2019;380:11-22 <https://www.nejm.org/doi/full/10.1056/NEJMoa1812792>
- 18) Bhatt DL, Steg PG, Miller M, et al. Effects of Icosapent Ethyl on Total Ischemic Events: From REDUCE-IT. *J Am Coll Cardiol* 2019;73(22):2791-2802.
- 19) Cawood AL, Ding R, Napper FL, Young RH, Williams JA, Ward MJ, Gudmundsen O, Vige R, Payne SP, Ye S, Shearman CP, Gallagher PJ, Grimble RF, Calder PC. Eicosapentaenoic acid (EPA) from highly concentrated n-3 fatty acid ethyl esters is incorporated into advanced atherosclerotic plaques and higher plaque EPA is associated with decreased plaque inflammation and increased stability. *Atherosclerosis*. 2010 Sep;212(1):252-9. [https://www.atherosclerosis-journal.com/article/S0021-9150\(10\)00400-4/fulltext](https://www.atherosclerosis-journal.com/article/S0021-9150(10)00400-4/fulltext)
- 20) Mason RP, Jacob RF, Shrivastava S, Sherratt SCR, Chattopadhyay A. Eicosapentaenoic acid reduces membrane fluidity, inhibits cholesterol domain formation, and normalizes bilayer width in atherosclerotic-like model membranes. *BBA Biomembranes*. 2016 Dec;3131-3140 <https://www.sciencedirect.com/science/article/pii/S0005273616303297>
- 21) Bays HE, Ballantyne CM, Kastelein JJ, Isaacsohn JL, Braeckman RA, Soni PN. Eicosapentaenoic acid ethyl ester (AMR101) therapy in patients with very high triglyceride levels (from the Multi-center, placebo-controlled, Randomized, double-blind, 12-week study with an open-label Extension [MARINE] trial).
- 22) AIM-HIGH Investigators, Boden WE, Probstfield JL, Anderson T, Chaitman BR, Desvignes-Nickens P, Koprowicz K, McBride R, Teo K, Weintraub W. Niacin in patients with low HDL cholesterol levels receiving intensive statin therapy. *N Engl J Med*. 2011 Dec 15;365(24):2255-67. <https://www.nejm.org/doi/pdf/10.1056/NEJMoa1107579?articleTools>
- 23) Elam M, Lovato L, Ginsberg H. The ACCORD-Lipid study: implications for treatment of dyslipidemia in Type 2 diabetes mellitus. *Clin Lipidol*. 2011; 6(1): 9–20. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4509601/>
- 24) Yokoyama M, Origasa H, Matsuzaki M, Matsuzawa Y, Saito Y, Ishikawa Y, Oikawa S, Sasaki J, Hishida H, Itakura H, Kita T, Kitabatake A, Nakaya N, Sakata T, Shimada K, Shirato K; Japan EPA lipid intervention study (JELIS) Investigators. Effects of eicosapentaenoic acid on major coronary events in hypercholesterolaemic patients (JELIS): a randomised open-label, blinded endpoint analysis. *Lancet*. 2007 Mar 31;369(9567):1090-8. [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(07\)60527-3/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(07)60527-3/fulltext)
- 25) Oesterle A, Laufs U, Liao, JK. Pleiotropic Effects of Statins on the Cardiovascular System. *Circ Res*. 2017;120:229–243.
- 26) Lewis T. Mystery Mechanisms. *The Scientist*. <https://www.the-scientist.com/news-analysis/mystery-mechanisms-33119>
- 27) Awtry EH, Loscalzo J. Aspirin. *Circulation*. 2000;101:1206-1218. <https://www.ahajournals.org/doi/full/10.1161/01.CIR.101.10.1206>
- 28) Triggie DJ. Sites, Mechanisms of Action, and Differentiation of Calcium Channel Antagonists. *Am J Hypertens* 1991;4:422S–429S. <https://doi.org/10.1093/ajh/4.7.422S>
- 29) Pleuvry BJ, Mechanism of action of general anaesthetic drugs. *Anaesthesia & Intensive Care Medicine*. 2019 Feb;72-84. <https://www.ahajournals.org/doi/full/10.1161/CIRCRESAHA.116.308537>

Summary of Publications Regarding Potential Mechanisms of Action of Vascepa's Active Ingredient

Multiple (2 or more) Mechanisms of Action

- Borow KM, Nelson JR, Mason RP. Biologic plausibility, cellular effects, and molecular mechanisms of eicosapentaenoic acid (EPA) in atherosclerosis. *Atherosclerosis*. 2015 Sep;242(1):357-66. [https://www.atherosclerosis-journal.com/article/S0021-9150\(15\)30055-1/pdf](https://www.atherosclerosis-journal.com/article/S0021-9150(15)30055-1/pdf)
- Preston Mason R. New Insights into Mechanisms of Action for Omega-3 Fatty Acids in Atherothrombotic Cardiovascular Disease. *Curr Atheroscler Rep*. 2019 Jan 12;21(1):2. <https://link.springer.com/content/pdf/10.1007%2Fs11883-019-0762-1.pdf>
- Bays HE, Ballantyne CM, Braeckman RA, Stirtan WG, Soni PN. Icosapent ethyl, a pure ethyl ester of eicosapentaenoic acid: effects on circulating markers of inflammation from the MARINE and ANCHOR studies. *Am J Cardiovasc Drugs*. 2013 Feb;13(1):37-46. <https://link.springer.com/content/pdf/10.1007%2Fs40256-012-0002-3.pdf>
- [Video: Animation of potential mechanisms of action](#)
- [Video: Biologic Basis of EPA to Reduce Atherosclerosis Burden](#)

Triglyceride Reduction

- See separate summary of multiple publications <https://amarincorp.gcs-web.com/static-files/28493518-0506-43f9-91e2-a88ab47e271b>

Endothelial Function

- Borow KM, Nelson JR, Mason RP. Biologic plausibility, cellular effects, and molecular mechanisms of eicosapentaenoic acid (EPA) in atherosclerosis. *Atherosclerosis*. 2015 Sep;242(1):357-66. [https://www.atherosclerosis-journal.com/article/S0021-9150\(15\)30055-1/pdf](https://www.atherosclerosis-journal.com/article/S0021-9150(15)30055-1/pdf)
- Mason RP, Dawoud H, Jacob RF, Sherratt SCR, Malinski T. Eicosapentaenoic acid improves endothelial function and nitric oxide bioavailability in a manner that is enhanced in combination with a statin. *Biomed Pharmacother*. 2018 Jul;103:1231-1237. <https://reader.elsevier.com/reader/sd/pii/S0753332218309909?token=5E313C675E647FFE6215D6FB9591DD7E74223BA2C09AB01794537F68B0E7C8AB9DA0D78050F338366DA063A5617AA398>
- Sasaki J, Miwa T, Odawara M. Administration of highly purified eicosapentaenoic acid to statin-treated diabetic patients further improves vascular function. *Endocr J*. 2012;59(4):297-304. https://www.jstage.jst.go.jp/article/endocrj/59/4/59_EJ11-0394/_pdf/-char/en
- Takenouchi Y, Ohtake K, Nobe K, Kasano K. Eicosapentaenoic acid ethyl ester improves endothelial dysfunction in type 2 diabetic mice. *Lipids Health Dis*. 2018 May 22;17(1):118. <https://lipidworld.biomedcentral.com/track/pdf/10.1186/s12944-018-0770-0>

Note:

- **Links may lead to content for which Amarin is not responsible**
- **The degree to which, if any, the mechanistic effects featured herein may have contributed to the risk reduction effects of Vascepa demonstrated in the REDUCE-IT™ cardiovascular outcomes study requires additional research.**

Summary of Publications Regarding Potential Mechanisms of Action of Vascepa's Active Ingredient (cont'd)

Anti-oxidant Effects

- Bays HE, Ballantyne CM, Braeckman RA, Stirtan WG, Soni PN. Icosapent ethyl, a pure ethyl ester of eicosapentaenoic acid: effects on circulating markers of inflammation from the MARINE and ANCHOR studies. *Am J Cardiovasc Drugs*. 2013 Feb;13(1):37-46. <https://link.springer.com/content/pdf/10.1007%2Fs40256-012-0002-3.pdf>
- Sherratt SCR, Mason RP. Eicosapentaenoic acid inhibits oxidation of high density lipoprotein particles in a manner distinct from docosahexaenoic acid. *Biochem Biophys Res Commun*. 2018 Feb 5;496(2):335-338. <https://reader.elsevier.com/reader/sd/pii/S0006291X18300688?token=1448EBC98CD4A3D42A2F028077E73BA0059C51CA6C3AE6B4879FC63E10AAD54896840E0C9159308B8AE1C6693B9E3E7D>
- Mason RP, Sherratt SC, Jacob RF. Eicosapentaenoic Acid Inhibits Oxidation of ApoB-containing Lipoprotein Particles of Different Size In Vitro When Administered Alone or in Combination With Atorvastatin Active Metabolite Compared With Other Triglyceride-lowering Agents. *J Cardiovasc Pharmacol*. 2016 Jul;68(1):33-40. https://journals.lww.com/cardiovascularpharm/fulltext/2016/07000/Eicosapentaenoic_Acid_Inhibits_Oxidation_of.5.aspx
- Mason RP, Jacob RF. Eicosapentaenoic acid inhibits glucose-induced membrane cholesterol crystalline domain formation through a potent antioxidant mechanism. *Biochim Biophys Acta*. 2015 Feb;1848(2):502-9. <https://reader.elsevier.com/reader/sd/pii/S0005273614003514?token=DC89BF18654FD90079C1DE8B403CE4B2EDF5B4AFE316A9DF63CB91864C439AC49BA5C7A6FF777A6A15A9EF2E1AB60103>

Foam Cell Formation

- Cawood AL, Ding R, Napper FL, Young RH, Williams JA, Ward MJ, Gudmundsen O, Vige R, Payne SP, Ye S, Shearman CP, Gallagher PJ, Grimble RF, Calder PC. Eicosapentaenoic acid (EPA) from highly concentrated n-3 fatty acid ethyl esters is incorporated into advanced atherosclerotic plaques and higher plaque EPA is associated with decreased plaque inflammation and increased stability. *Atherosclerosis*. 2010 Sep;212(1):252-9. [https://www.atherosclerosis-journal.com/article/S0021-9150\(10\)00400-4/fulltext](https://www.atherosclerosis-journal.com/article/S0021-9150(10)00400-4/fulltext)
- Nishio R, Shinke T, Otake H, Nakagawa M, Nagoshi R, Inoue T, Kozuki A, Hariki H, Osue T, Taniguchi Y, Iwasaki M, Hiranuma N, Konishi A, Kinutani H, Shite J, Hirata K. Stabilizing effect of combined eicosapentaenoic acid and statin therapy on coronary thin-cap fibroatheroma. *Atherosclerosis*. 2014 May;234(1):114-9. [https://www.atherosclerosis-journal.com/article/S0021-9150\(14\)00123-3/fulltext](https://www.atherosclerosis-journal.com/article/S0021-9150(14)00123-3/fulltext)

Note:

- **Links may lead to content for which Amarin is not responsible**
- **The degree to which, if any, the mechanistic effects featured herein may have contributed to the risk reduction effects of Vascepa demonstrated in the REDUCE-IT™ cardiovascular outcomes study requires additional research.**

Summary of Publications Regarding Potential Mechanisms of Action of Vascepa's Active Ingredient (cont'd)

Inflammation

- Bays HE, Ballantyne CM, Braeckman RA, Stirtan WG, Soni PN. Icosapent ethyl, a pure ethyl ester of eicosapentaenoic acid: effects on circulating markers of inflammation from the MARINE and ANCHOR studies. *Am J Cardiovasc Drugs*. 2013 Feb;13(1):37-46. <https://link.springer.com/content/pdf/10.1007%2Fs40256-012-0002-3.pdf>
- Yamada H, Yoshida M, Nakano Y, Suganami T, Satoh N, Mita T, Azuma K, Itoh M, Yamamoto Y, Kamei Y, Horie M, Watada H, Ogawa Y. In vivo and in vitro inhibition of monocyte adhesion to endothelial cells and endothelial adhesion molecules by eicosapentaenoic acid. *Arterioscler Thromb Vasc Biol*. 2008 Dec;28(12):2173-9. <https://www.ahajournals.org/doi/pdf/10.1161/ATVBAHA.108.171736>
- Nakajima K, Yamashita T, Kita T, Takeda M, Sasaki N, Kasahara K, Shinohara M, Rikitake Y, Ishida T, Yokoyama M, Hirata K. Orally administered eicosapentaenoic acid induces rapid regression of atherosclerosis via modulating the phenotype of dendritic cells in LDL receptor-deficient mice. *Arterioscler Thromb Vasc Biol*. 2011 Sep;31(9):1963-72. <https://www.ahajournals.org/doi/pdf/10.1161/ATVBAHA.111.229443>
- Takamura M, Kurokawa K, Ootsuji H, Inoue O, Okada H, Nomura A, Kaneko S, Usui S. Long-Term Administration of Eicosapentaenoic Acid Improves Post-Myocardial Infarction Cardiac Remodeling in Mice by Regulating Macrophage Polarization. *J Am Heart Assoc*. 2017 Feb 21;6(2):e004560. <https://www.ahajournals.org/doi/pdf/10.1161/JAHA.116.004560>

Plaque Formation/progression

- Watanabe T, Ando K, Daidoji H, Otaki Y, Sugawara S, Matsui M, Ikeno E, Hirono O, Miyawaki H, Yashiro Y, Nishiyama S, Arimoto T, Takahashi H, Shishido T, Miyashita T, Miyamoto T, Kubota I; CHERRY study investigators. A randomized controlled trial of eicosapentaenoic acid in patients with coronary heart disease on statins. *J Cardiol*. 2017 Dec;70(6):537-544. [https://www.journal-of-cardiology.com/article/S0914-5087\(17\)30200-9/pdf](https://www.journal-of-cardiology.com/article/S0914-5087(17)30200-9/pdf)
- Nelson JR, Wani O, May HT, Budoff M. Potential benefits of eicosapentaenoic acid on atherosclerotic plaques. *Vascul Pharmacol*. 2017 Apr;91:1-9. <https://reader.elsevier.com/reader/sd/pii/S1537189116303147?token=867B5D25950A0DFE3D43CD7E7183204AF35967D8ADB8AB3406211894F26F3508444ECCEB2558895C1BDBADB2E308D3F4>
- Budoff M, Brent Muhlestein J, Le VT, May HT, Roy S, Nelson JR. Effect of Vascepa (icosapent ethyl) on progression of coronary atherosclerosis in patients with elevated triglycerides (200-499 mg/dL) on statin therapy: Rationale and design of the EVAPORATE study. *Clin Cardiol*. 2018 Jan;41(1):13-19. <https://onlinelibrary.wiley.com/doi/epdf/10.1002/clc.22856>

Note:

- **Links may lead to content for which Amarin is not responsible**
- **The degree to which, if any, the mechanistic effects featured herein may have contributed to the risk reduction effects of Vascepa demonstrated in the REDUCE-IT™ cardiovascular outcomes study requires additional research.**

Summary of Publications Regarding Potential Mechanisms of Action of Vascepa's Active Ingredient (cont'd)

Platelet Aggregation

- Terano T, Hirai A, Hamazaki T, Kobayashi S, Fujita T, Tamura Y, Kumagai A. Effect of oral administration of highly purified eicosapentaenoic acid on platelet function, blood viscosity and red cell deformability in healthy human subjects. *Atherosclerosis*. 1983 Mar;46(3):321-31. [https://www.atherosclerosis-journal.com/article/0021-9150\(83\)90181-8/pdf](https://www.atherosclerosis-journal.com/article/0021-9150(83)90181-8/pdf)
- Suehiro_EPA plus ASA or ticlid on PLTs in cerebral ischemia pts_ *Clinical Therapeutic Research* 1994
- Westerveld HT, de Graaf JC, van Breugel HH, Akkerman JW, Sixma JJ, Erkelens DW, Banga JD. Effects of low-dose EPA-E on glycemic control, lipid profile, lipoprotein(a), platelet aggregation, viscosity, and platelet and vessel wall interaction in NIDDM. *Diabetes Care*. 1993 May;16(5):683-8. <http://care.diabetesjournals.org/content/16/5/683>
- Takada K, Ishikawa S, Yokoyama N, Hosogoe N, Isshiki T. Effects of eicosapentaenoic acid on platelet function in patients taking long-term aspirin following coronary stent implantation. *Int Heart J*. 2014;55(3):228-33. https://www.jstage.jst.go.jp/article/ihj/55/3/55_13-295/pdf-char/en

Thrombus Formation

- Krämer HJ, Stevens J, Grimminger F, Seeger W. Fish oil fatty acids and human platelets: dose-dependent decrease in dienoic and increase in trienoic thromboxane generation. *Biochem Pharmacol*. 1996 Oct 25;52(8):1211-7. <https://www.sciencedirect.com/science/article/abs/pii/S000629529600473X?via%3Dihub>
- Terano T, Hirai A, Hamazaki T, Kobayashi S, Fujita T, Tamura Y, Kumagai A. Effect of oral administration of highly purified eicosapentaenoic acid on platelet function, blood viscosity and red cell deformability in healthy human subjects. *Atherosclerosis*. 1983 Mar;46(3):321-31. [https://www.atherosclerosis-journal.com/article/0021-9150\(83\)90181-8/pdf](https://www.atherosclerosis-journal.com/article/0021-9150(83)90181-8/pdf)

Note:

- *Links may lead to content for which Amarin is not responsible*
- *The degree to which, if any, the mechanistic effects featured herein may have contributed to the risk reduction effects of Vascepa demonstrated in the REDUCE-IT™ cardiovascular outcomes study requires additional research.*

Summary of Publications Regarding Potential Mechanisms of Action of Vascepa's Active Ingredient (cont'd)



Plaque Stabilization

- Nishio R, Shinke T, Otake H, Nakagawa M, Nagoshi R, Inoue T, Kozuki A, Hariki H, Osue T, Taniguchi Y, Iwasaki M, Hiranuma N, Konishi A, Kinutani H, Shite J, Hirata K. Stabilizing effect of combined eicosapentaenoic acid and statin therapy on coronary thin-cap fibroatheroma. *Atherosclerosis*. 2014 May;234(1):114-9. [https://www.atherosclerosis-journal.com/article/S0021-9150\(14\)00123-3/fulltext](https://www.atherosclerosis-journal.com/article/S0021-9150(14)00123-3/fulltext)
- Yamano T, Kubo T, Shiono Y, Shimamura K, Orii M, Tanimoto T, Matsuo Y, Ino Y, Kitabata H, Yamaguchi T, Hirata K, Tanaka A, Imanishi T, Akasaka T. Impact of eicosapentaenoic acid treatment on the fibrous cap thickness in patients with coronary atherosclerotic plaque: an optical coherence tomography study. *J Atheroscler Thromb*. 2015;22(1):52-61. https://www.jstage.jst.go.jp/article/jat/22/1/22_25593/_pdf/-char/en
- Niki T, Wakatsuki T, Yamaguchi K, Taketani Y, Oeduka H, Kusunose K, Ise T, Iwase T, Yamada H, Soeki T, Sata M. Effects of the Addition of Eicosapentaenoic Acid to Strong Statin Therapy on Inflammatory Cytokines and Coronary Plaque Components Assessed by Integrated Backscatter Intravascular Ultrasound. *Circ J*. 2016;80(2):450-60. https://www.jstage.jst.go.jp/article/circj/80/2/80_CJ-15-0813/_pdf/-char/en

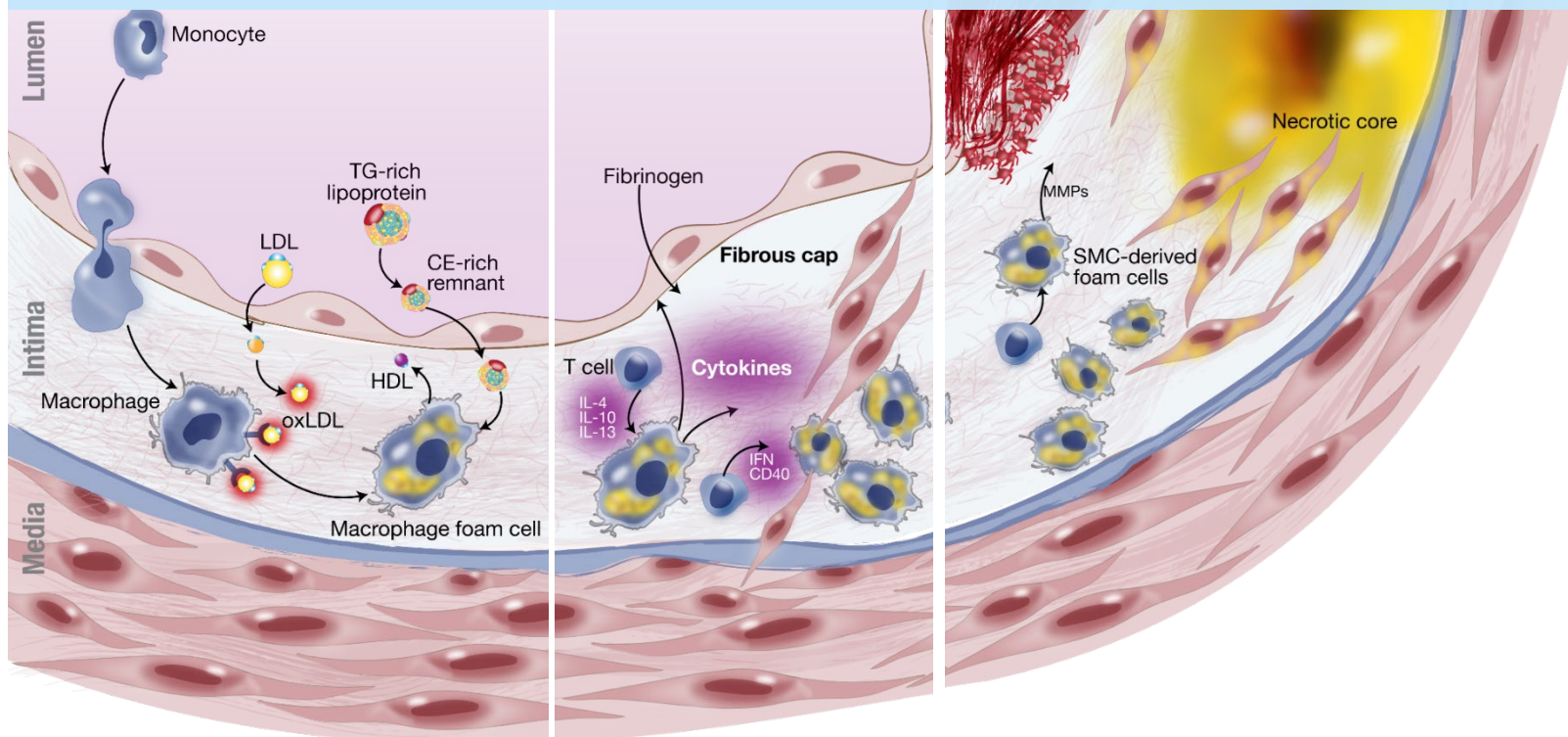
Note:

- *Links may lead to content for which Amarin is not responsible*
- *The degree to which, if any, the mechanistic effects featured herein may have contributed to the risk reduction effects of Vascepa demonstrated in the REDUCE-IT™ cardiovascular outcomes study requires additional research.*

Recap of Potential Mechanistic Effects of Vascepa's Active Ingredient on Multiple Atherosclerotic Processes

Multiple Plaque Formation/Progression Processes Potentially Affected by EPA¹⁶

- Endothelial function
- Atherogenic lipids/lipoproteins
- Oxidative stress
- Foam cell formation
- Inflammation/cytokines
- Platelet aggregation
- Thrombus formation
- Plaque rupture



Note:

- *Links may lead to content for which Amarin is not responsible*
- *The degree to which, if any, the mechanistic effects featured herein may have contributed to the risk reduction effects of Vascepa demonstrated in the REDUCE-IT™ cardiovascular outcomes study requires additional research.*